

# COMMUNITY OPTIONS

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adapt flexible link support connect

monitor assist adapt flexible link

**ASSURANCE**

It gives you the confidence to move forward...

# What is the **Community Options** Program?

The Community Options Program (COPS) is a case management service designed to support frail older people, people with a disability and their carers to remain in their own home. COPS is aimed at those people whose needs are complex and who require assistance to navigate the community support system. Following a comprehensive needs assessment, linkages are made to appropriate services and to formal and informal support networks. Ongoing monitoring and support is provided, with limited brokerage funds available to meet additional needs not able to be met by other services. Case Management may be short term or long term depending on individual needs. COPS is funded through the Home and Community Care (HACC) Program.

## Am I **Eligible**?

People who are able to access the services offered through the Community Options Program can usually answer yes to the following statements:

- o Do I have complex care needs including a combination of physical, emotional, social and medical needs?
- o Do I require assistance in organising and co-ordinating the services I currently receive?
- o Do my circumstances regularly change requiring my support services to adapt and change to my needs?
- o Do I find it difficult to access services due to my special needs?



## Choosing the **right option**

Under the program we are able to provide the following services and assistance:

- Case management involving comprehensive assessment and service planning.
- Service co-ordination acting as a central reference point and negotiating service levels and standards and monitoring provision.
- Information and links to a wide range of available care and support services in your area.
- Opportunity to purchase services on your behalf if a gap exists with current providers.
- Flexible delivery responding to your changing needs and requirements

## Making the **right choice**

Our Community Options Program covers the areas of Parramatta, Baulkham Hills, Ryde/Hunters Hill and Holroyd. If you, your relative or friend requires a range of basic support services to maintain well-being and independence then contact one of our team and we will arrange the following:

1. Take a referral
2. Arrange a home visit to assess your needs
3. Develop a plan to meet those needs.

## Are there any **fees**?

A fee based upon your ability to contribute to the costs of services offered may be negotiated. However if you are unable to contribute financially this will not preclude you from receiving assistance.

## Do you want more **information** about mwcare?

Midwest Community Care Inc is a not-for-profit organisation that has provided a range of community care services in the Cumberland Prospect and Ryde-Hunters Hill areas of Sydney since 1989.

You can learn more about the Community Options program or any of the other services offered through Midwest Community Care by contacting one of our team during office hours:

Midwest Community Care Inc.  
Shop 8/39 Bartlett St  
Ermington, 2115, NSW  
Ph: (02) 9898 0000  
Fax: (02) 9898 0033

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